

10 HANOVER SPA MENU

SPA ESCAPES

EUPHORIA

Relax with one of our signature facials (50 min) and finish with a full body hot stone massage (80 min). Pamper yourself with a complete head to toe experience.

1.5 hour treatment - \$285

SERENITY

Refreshing facial (30 min) with hydration and 1 hour Shiatsu or Reflexology massage.

1.5 hour treatment - \$176

REJUVENATION

Refreshing facial (30 min) with hydration and 30 min Shiatsu massage.

1 hour treatment - \$156

SPORTS RELAXATION

Refreshing facial (30 min) with hydration & 60 min massage Sports / Medical or Swedish / Deep Tissue Massage.

1.5 hour treatment - \$220

MASSAGE PACKAGES

SIGNATURE MASSAGES*

3 Treatments \$285

5 Treatments \$465

10 Treatments \$900

HOT STONE MASSAGE*

3 Treatments \$350

5 Treatments \$560

10 Treatments \$1050

MASSAGE

SWEDISH/DEEP TISSUE

A full body massage, designed to regenerate the mind, body and spirit, replenishing what city life takes out of you. Make this massage part of your regular body maintenance plan or as a special break after travel or a difficult day.

SPORTS/MEDICAL

Our highly skilled therapists will help your body reach peak performance by tailoring this massage to your specific needs - whether it is chronic pain, migraines, sports' injuries or autoimmune disorders.

REFLEXOLOGY

Using pressure points on the hands and feet, reflexology is one of the fastest ways to relax the entire body.

PRENATAL

Experience the relief massage can bring to an expectant Mother. The massage is conducted while lying on your side, to bolster a sense of weightlessness and remove the pressure of the baby

SHIATSU

Using stretches and pressure points, this eastern experience is for all ages and body types. You receive this complete physical and energetic fusion on our comfortable floor mats, while fully clothed. Ensure you wear loose, comfortable clothing.

60 MIN - \$99

90 MIN - \$150

* Packages based on 50 Minute treatments.

* Member discount not available for Spa and Massage Packages.

FACIALS

NATUROPATHICA SIGNATURE FACIAL *

Cleansing, toning and softening prepare the skin for the removal of impurities through a gentle extraction process. Exfoliation, facial massage and rehydration complete this purifying treatment.

50 min - \$105

GENTLEMAN'S SKIN FITNESS*

Converting rough to refined, our gentleman's facial purifies and cleans while eliminating dead skin cells. Gentle extractions liberate blocked pores and a soothing mask comforts and softens the skin. The finale to this smart treatment is a massage of the face, neck and shoulders.

50 min - \$115

REFRESHING NATURA*

This gentle treatment uses organic enzymes, based on skin type, from natural fruits to reveal smoother, more radiant skin. Make this facial part of your anti-aging regimen.

50 min - \$150

NATURAL LIFT FACIAL*

A high-performance treatment featuring Plan Cell Serum to stimulate new skin growth and slow cellular aging, combined with ultrasonic micro current technologies. This natural lift treatment delivers results and relaxation.

50 min - \$180

1. Please call in advance to reserve your appointment.
2. Hot towel treatment included in all spa massages.
3. Essential oils available upon request.
4. Please note there is a 12-hr cancellation policy on all services.

FACIAL ADDITIONS

Quick lift micro current treatment gently lifts and firms skin - \$59

Glycolic Power Peels or Organic Enzyme Peels, reducing lines and wrinkles - \$29

Collagen Eye treatment firms and eases puffiness - \$29

Botanical skin brightener, reduces sun damage and restores a healthy glow - \$29

CHELSEA SPA MENU

BODY

SCRUBS

Exfoliates and nourishes skin

1. Lavender Salt Scrub
2. Brown Sugar Scrub
30 min - \$60

BODY WRAP

Softens skin, while drawing out impurities.

1. Sea Mud Wrap
2. Milk and Honey Wrap
30 min - \$60

SCRUB WITH BODY WRAP

1. Lavender Salt Scrub with Sea Mud Wrap
2. Brown Sugar Scrub with Milk and Honey Wrap
60 min - \$110
90 min - \$150

1. * Essential oils available upon request.
2. * Hot towel treatment included in all spa massages.
3. * Please call in advance to reserve your appointment.
4. *Please note there is a 12-hr cancellation policy on all services. es.

GIFT CERTIFICATES AVAILABLE

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PRENATAL

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60 MIN - \$99

80 MIN - \$130

MIDTOWN EAST SPA MENU

BODY

SCRUBS

Exfoliates and nourishes skin

3. Lavender Salt Scrub
4. Brown Sugar Scrub
30 min - \$60

BODY WRAP

Softens skin, while drawing out impurities.

3. Sea Mud Wrap
4. Milk and Honey Wrap
30 min - \$60

SCRUB WITH BODY WRAP

3. Lavender Salt Scrub with Sea Mud Wrap
4. Brown Sugar Scrub with Milk and Honey Wrap
60 min - \$110
90 min - \$150

5. * Essential oils available upon request.
6. * Hot towel treatment included in all spa massages.
7. * Please call in advance to reserve your appointment.
8. *Please note there is a 12-hr cancellation policy on all services. es.

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60 MIN - \$99

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